

## **The Hamilton Beach Community Banner**

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### **Upcoming 2019 Euchres at the Hamilton Beach Rescue Unit**

February 22<sup>nd</sup> - Euchre – Pot Luck – starts at 1:00 pm – cost is \$10  
March 21<sup>st</sup> - Euchre – Pot Luck – starts at 1:00 pm – cost is \$10  
April 10<sup>th</sup> - Good Friday Euchre – Pot Luck – starts at 1:00 pm – cost is \$10  
May 23<sup>rd</sup> - Euchre – Pot Luck – starts at 1:00 pm – cost is \$10  
June 20<sup>th</sup> - Euchre – Pot Luck – starts at 1:00 pm – cost is \$10

### **Beach Community Council Meeting**

The next Beach Community Council Meeting is Tuesday, March 10th at 7:30 pm at the Hamilton Beach Rescue Unit.

Our last meeting was on Tuesday, January 14, 2020. Items that were discussed:

- 14 members of the community in attendance
- Discussion of the roads being redone on the boulevard, including a bike lane on the Bay side and the removal of the centre line. Discussion of whether or not we can get more bus stops and bus shelters after the completion of the road resurfacing
- Community member Robert has been doing an inventory down on the beach of homes that are vacant / abandoned, missing street signs and damaged historical signs – he will report back when he has completed this. Thank you for undertaking this project!
- Discussed the electronic billboard signs that are being placed on Eastport Drive – we will discuss the revenue aspect of this at our next meeting and make a decision so we can let the Port Authority know
- Ed, Chairperson of the Beach Council attends the CLC meetings for Arecelor-Matel with Pam. Unfortunately, Pam has had to step down and Ed is now looking for someone who can attend these meetings with him.
- If you experience particulate matter on your property, please report it to the Ministry of the Environment so it can be recorded and addressed
- We are currently working on putting our constitution together. Thank you to Carol for working on this. The council will look at the proposed constitution and put it forth to the membership once it has been completed
- Water levels will continue to be high again this year. The city is looking at putting in Armor stone on the beach to try and protect what is left of the beach as it is continuing to erode with the high-water levels
- Terri would like to put together a list of things that need fixing / updating / improved on the Beach and give it to Chad Collins to have done.

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THANK YOU!!! THANK YOU!!! THANK YOU!!! You made our 2<sup>nd</sup> Annual Sink-A-Ship Food Drive a HUGE success!!! With your generous donations, you raised 2,480 POUNDS of food this year that was donated to the East End Food Centre. We have been receiving more donations and will update you on a final total in an upcoming banner! I would like to thank you all for your donations and support. A thank you as well to Starsky Fine Foods for donating the grocery bags and to the Royal Bank at Walkers and New in Burlington for setting up a box for donations at your location and donating it to our Food Drive. Also, a thank you to Hutches and the Hamilton Beach Community Council for your donation as well. THANK YOU!!!

### **New Business Advertisements:**

My name is Alison and I am a chiropractor/foot specialist. I live on Beach Blvd and own a full service foot clinic on Upper James Street in Hamilton, about a 15 minute drive for us who live on the Beach strip. I will address all types of foot issues including ingrown toenails (conservative and surgical treatment), callus, corns, fungal nails, plantar fasciitis (arch and heel pain), walking abnormalities, diabetic foot care, to name a few. I also provide custom foot orthotics, compression hosiery and over-the-counter ankle bracing. I would be happy to visit you in your home if travelling to my clinic is difficult. Chiropractic services are not covered under OHIP, but most third party insurance companies will cover this type of medical care. Please give the clinic a call at 905-388-3668, email [info@footmedics.ca](mailto:info@footmedics.ca) or visit the website [www.footmedics.ca](http://www.footmedics.ca) for more information. Let me take care of your feet by increasing your comfort and function."

Tour Guys Hamilton - Free Walking Tours - Hello, my name is Penny and I live on Beach Blvd. I would like to introduce you to my free walking tour company in Hamilton. Tour Guys has been leading engaging, fun and informative walking tours through Canada since 2009. We are on a mission to get more people walking and talking in Canada's city centres. Our "pay-what you-feel" public walking tours offer the perfect opportunity to explore.

This year is our 10th anniversary, and to celebrate this occasion we have expanded to Hamilton and have launched two incredible tours for residents and visitors to enjoy.

"Hamilton Harbour - A Fresh Perspective" goes back in history to include some interesting facts and folklore surrounding the development of Hamilton Harbour, Industry, gangsters and mobsters, HMCS Haida Destroyer Class Warship, famous personalities and more. Book on-line at [Tourguys.ca](http://Tourguys.ca). This tour is offered Thursday – Sunday daily at 10:00am.

The Downtown Tour entitled "Invisible Renaissance" touches on architecture, downtown revitalization, history and growth of the visual and performing Arts, to name a few. Whether you live in Hamilton or are here to explore, Hamilton has much more to offer than meets the eye. This tour can be booked in the same fashion and runs Thursday – Sunday daily at 3:00pm.

Bookings are highly recommended, as we assign the number of guides according to the number of people booked. To find out more or to book a tour in Hamilton go to [Tourguys.ca](http://Tourguys.ca), and click on Hamilton to book your free tour. Hamilton Free WalkingTours – Pay What You Feel - Expert Local Guides - Easy Walking Tours.

## **Nevada Break-Open Tickets**

Help support the kids of the Hamilton Beach Community by purchasing Nevada Break-Open tickets that are available at the Beach Variety Store. Funds raised from the sales of these tickets goes towards activities for the kids of the Beach Community. Events such as the kids Christmas Party and the Easter Egg-stravaganza on Good Friday. Please support your community by stopping by the Beach Variety Store and purchasing some Nevada tickets!!

## **Particulate and Salt Fallout**

If you see any fallout from the industry around the harbor that is affecting the Beach, please call and report it. The Ministry of the Environment 24-hour line 1-800-268-6060, local office line, 905-521-7650, or you can reach out to Adrienne Clark at 905-521-7716.

For the last couple of years, the Port has allowed the storage of mountains of road salt that when left uncovered or moved impacts the residents in the area. Unlike coal dust, salt can corrode and damage your home and vehicle. The salt companies have moved these piles further north on Eastport Drive this year and the impacted areas border on the side streets between Locarno Avenue and Knapman Avenue. We ask that residents keep watch during times of high winds and report all occurrences to the MOE and please contact the community so that we can keep track as well – [hbcf@cogeco.ca](mailto:hbcf@cogeco.ca)

## **Business Advertisements Home Services:**

Our company is Langton ClimateCare – the Heating & Cooling Professionals who CARE. We are not only your personal climate experts, we are your neighbours offering Superior Customer Service, Competitive Pricing, Maintenance & Protection Plans and our new rent to own program “Clarity” for Hot Water Tanks, Furnaces and Air Conditioners. [www.langtonclimatecare.com](http://www.langtonclimatecare.com) –or- phone: 905-312-9644.

Dust Bunny Haven – Residential Cleaning – Sue at 905-393-7629 – cell 613-334-9778

## **Lawn and Garden:**

Splendid Gardens Landscape Maintenance – your full service lawn and garden care – 20+ years’ experience – Call or text Brigitte 416-219-6135 or email [splendidgardens@hotmail.com](mailto:splendidgardens@hotmail.com)

## **Rentals and Real Estate:**

Lorraine Hughes – Sales Representative with StreetCity Realty Inc., Brokerage. Who better to sell your home on the Beach Strip than a long time neighbour who knows the neighbourhood. Not that I want anyone to leave mind you, but should the need arise, I can help. Please contact me at 905-520-6817 or [LorraineHughesRealEstate@gmail.com](mailto:LorraineHughesRealEstate@gmail.com). [www.LorraineHughes.ca](http://www.LorraineHughes.ca)

Melissa May Hochreiter – Your Beach Community Sales Representative, Royal LePage Burloak Real Estate Services. 3060 Mainway at Guelph Line, Suite 200, Burlington. Direct 289-921-6346, Office 905-335-3042, Fax 905-333-1659 [www.MelissaMay.ca](http://www.MelissaMay.ca)

Laura Brown and Kristina Kritikos – Mother Daughter real estate team charging all Beach Community Residents 1% less the normal fee. Coldwell Banker Burnhill Realty, Brokerage in Burlington 905-639-3355.

Do you have real-estate questions – contact [cara@royallepage.ca](mailto:cara@royallepage.ca) Web [carasiska.com](http://carasiska.com) or call the office at 905-945-1234 – Special rates offered for Beach Community Residents

Valerie Peebles, Remax Aboutowne Realty Corp., Sales Representative. Let my 12 years of local sales experience speak for itself. My goal is to make your purchase or sale as cost effective as possible while maintaining the highest level of service standards and always exceeding your expectations. Huge Commission Discount for all Beach Community residents. Lets connect! T: 416-660-6172, E: [info@valeriepeebles.com](mailto:info@valeriepeebles.com), W: [www.valeriepeebles.com](http://www.valeriepeebles.com)

AIRBNB on the Beach – Having summer guests and need overflow room? Contact 289-887-1773.

### **Financial:**

INFOTAX – Fast service, good rates, call Louise 905-543-0041

### **Animal Services:**

Pawz on the Beach – Pet sitting and dog walking services – [pawzonthebeach@gmail.com](mailto:pawzonthebeach@gmail.com) or phone 289-887-1773

Beach Blvd. Dog Walking Services - Is your canine companion tired of being cooped up in house? Leave it your local dog walker to ensure your pet gets the daily exercise it needs. Available 7 days a week, rain or shine. Call 289-260-2471 or contact via e-mail at [travisloydt@gmail.com](mailto:travisloydt@gmail.com) to arrange a meeting today!

Woofing Good Dog Treats - All treats are homemade, with NO chemicals, sugars or preservatives. Just natural ingredients actually suitable for your furry companion! Free delivery for Beach Community Residence! Peanut Butter & Carrot (available in a pack of 15) \*medium size cookie. Cheesy Bones (available in a pack of 15) \* small or medium size cookie . Chicken & Bacon Bites (available in a pack of 15) \* small or medium size chewy. New flavours coming soon! For pricing inquiries, or to place an order please call Ashlee at 905- 531-2778 or email [woofinggooddog@gmail.com](mailto:woofinggooddog@gmail.com) \*Prices vary on sizes of cookies, based on the size of dog

### **Travel:**

Transat Travel – Eastgate Square (food court location) – Nancy Heuberger your Beach Community Travel Specialist. Caribbean Specials – Europe – Cruises. Please call 905-561-5715 or email [nancy.heuberger@transat.com](mailto:nancy.heuberger@transat.com)

### **Health and Wellness:**

Private Yoga instruction for flexibility, balance and well-being by Certified instructor, available in, in-home studio within our Beach Community. Please contact 289-887-1773. Namaste.

PSYCHIC KERI - Need help, inspiration, guidance or advice? Please visit [www.psychickeri.com](http://www.psychickeri.com). I'm here to help you.

Lash and Brows done on the Beach – contact Lai at 289-921-0221

Need to relax? Have sore joints or aching muscles? Floating will help you de-stress and soothe any physical pain. Floatation therapy also known as sensory deprivation therapy is the practice of spending an hour or more floating in a pod that contains 10 inches of constantly heated water mixed with a 1000 pounds of therapeutic grade Epsom salt. The water is so buoyant that you are floating instead of sinking. All distractions have been removed leaving you in a peaceful state of weightlessness. Book online at [stillwaterfloat.ca](http://stillwaterfloat.ca) or call 289-337-3555. Beach residents received 10% off by using the discount code beach10 Located at 457 Plains Rd E in Burlington.

Babe Beauty Bar Lash Extensions & Lash Lift & Tints. Specializing in Classic, Hybrid and Volume Lash Extensions, as well as Lash Lift & Tints. Servicing all the Beach Community babes! By appointment only. Call or text 416.660.7182 for an appointment. Or book online at

[www.babebeautybar.ca](http://www.babebeautybar.ca). Instagram: babebeautybar.ca

Let me know you are a beach community resident and receive 20% all services always.

After almost 4 years of being a part of our beach community, I decided it's time to try and offer my Functional Personal Training service also here in Hamilton. I've been a personal trainer for 20 years (in my background I'm a Physiotherapist & Physical Education Teacher) and I work in Toronto. We can exercise together at your home or my little gym here. You don't need to have any fitness equipment or special machines; all you need is a bit of Motivation!

If you asked me what would be my expertise? I would say:

- Men & women
- Battling wisely the symptoms of aging
- Building stronger muscles
- Building stronger bones and decreasing the risk of a fall and fracture (I'm also a Bone-Fit specialist by Osteoporosis Canada)
- Improving general flexibility and making sure it's relevant for your everyday activities, your job, your hobbies (running after your grandkids)
- Being Fit in the Head-first And much much more...

You can also find me on Facebook if you searched: Personal Physiotherapeutic Training Or email me directly at [micphysio@gmail.com](mailto:micphysio@gmail.com)

### **Professional Services:**

Professional piano player. I play at weddings and Black Tie events. Contact [www.gerrytymstra.ca](http://www.gerrytymstra.ca).

Seamstress on the Beach – Gemma – specializes in bridal gowns, evening dresses and all kinds of alterations. For more inquiries call 647-975-3164

Automobile appraisals. We are; Hamilton Automobile Appraisals @ Bus. 905-544-2277  
Cell 905-547-7537 Thank you, Brian.

Do you need the services of a Tow Truck Operator?? Towing / Freight, Boost, Lock Outs, Tire Change Service, Winch, Accidents / Insurance, Police Towing. Contact Joshua Neal, Beach Strip Resident. to assist you with your towing needs! 905-741-1203

Whether you are a busy professional, a single parent, just lost a loved one or simply don't have the time to find some order and peace in your life, we are here to help. Organize Addict was born to help you minimize stress and maximize your precious time. We are a fast, efficient and affordable organizing and decor service, tailored just for you. Meeting all your needs within your budget, we have a wide range of professional services that suit your every need and requirement, we have the know-how and expertise to get done what you need done. Let us know how we can help, and we guarantee your experience will be enjoyable and satisfactory. Visit our web site [www.organizeaddict.org](http://www.organizeaddict.org) and contact us through the website or call 905-399-0842 or e-mail [tntgroup2016@hotmail.com](mailto:tntgroup2016@hotmail.com) for more information on how we can help you GET ORGANIZED!

Do you have something you want posted in the Banner, please email [lisawitherington@hotmail.com](mailto:lisawitherington@hotmail.com) and put Banner in the subject line.



Join the Facebook Community Page: Hamilton Beach Community



Join the Beach Community website: <http://hamiltonbeachcommunity.com>

#### Hamilton Beach Community Council Contact Information

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