

## **The Hamilton Beach Community Banner**

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### **DUE TO COVID RESTRICTIONS – PAPER COPIES OF THE BANNER WILL NOT BE DELIVERED UNTIL FURTHER NOTICE!**

**2020 Euchres at the Hamilton Beach Rescue Unit are CANCELLED AT THIS TIME**

#### **Beach Community Council Meeting**

The last Beach Community Council meeting was held on March 10<sup>th</sup>, 2020. Here are the highlights from that meeting:

- 13 members of the community were present
- Discussion of the Easter Egg Hunt – monetary donations are accepted the day of and money from the Nevada account goes towards purchasing candies for this event
- Environmental – Ed's neighbour has volunteered to go with Ed / for Ed to the Arcelor Matel meetings
- Elections will be held in May for Chairperson, Treasurer and Secretary
- We hope to have our Constitution completed by the end of the year – Carol has spent a lot of time researching and working on our Constitution. We will require a meeting to work on this further
- Native grasses and dunes – we have worked with Environment Hamilton in the past for planting of grasses – some have taken, some have not due to erosion from water levels. You are not permitted to cut or remove the dune grasses
- Port Authority signs on Eastport Drive – they will be erected but timeline for this is unknown
- Road resurfacing – the city is going to repurpose some of the roadway on the Bay side and turn it into a bike lane. There is not enough roadway to do a bike lane on both sides of the street.
- Next meeting is May 12<sup>th</sup> at 7:30pm, followed by the elections

**PLEASE NOTE: THE MEETING FOR TUESDAY, MAY 12<sup>TH</sup> AND ELECTIONS HAS BEEN POSTPONED UNTIL COVID RESTRICTIONS HAVE BEEN LIFTED.**

#### **Our Neighbourhood – A Walk with Robert Fraser**

##### **Parks on the Beach**

On such a short stretch of land (4 mile long) we are blessed with 7 named parks. Some of them have interpretive panels while others do not.

Jimmy Howard Park (80 Beach Blvd) is the first one. It is worth Googling this “iconic Canadian stock car driver, inducted into Motorsport Hall of Fame 1994 and Flamborough Speedway Hall of Fame 2012 “ He passed in 2015. His former home at 147 Beach Blvd has an outdoor mural depicting his life – thanks to Chris and Terry.

The second park (189 Beach Blvd) is named after Reg Wheeler, a former city alderman (28 yrs ) and a professional football player. He lived on Beach Blvd for most of his life.

Park number 3 is the Kinsman Playground which began life as the Fresh Air camp.

Further along the lakeside is the Dieppe Veterans Memorial Park. Historical plaques describe the Royal Hamilton Light Infantry raid on Dieppe 1942.

Just kitty corner to the Dieppe Park is the Jimmy Lomax Park which does have an interpretive panel.

Park 6 is the Windermere East Park (105 Eastport Drive) with an interpretive panel and great view of the areas natural inhabitants.

The last named park is the Hamilton Recreational Beach Trail (8 Km long section of the 3,000 km Waterfront Trail.

Honourable mention needs to go to the Lighthouse and Keepers Cottage at the canal.

Lastly in a what appears to be a preserved area is the “Woman and the Bay – Tersilla Komac” interpretive panel, located across from the store. She was the first woman to run the Around the Bay Road Race in 1975!

The city of Hamilton has Commemorative plaques, Heritage Recognition plaques and the Designated Property plaques. Personally, I do find it odd that we name a park but give no history of that person.

I read that the 2020 Heritage Plaque theme is Planes, Trains and Automobiles: Transportation. Maybe it is time for Jimmy Howard.

Enjoy and help preserve these areas of peace and pleasure

### **Nevada Break-Open Tickets**

Help support the kids of the Hamilton Beach Community by purchasing Nevada Break-Open tickets that are available at the Beach Variety Store. Funds raised from the sales of these tickets goes towards activities for the kids of the Beach Community. Events such as the kids Christmas Party and the Easter Egg-stravaganza on Good Friday. Please support your community by stopping by the Beach Variety Store and purchasing some Nevada tickets!!

### **Particulate and Salt Fallout**

If you see any fallout from the industry around the harbor that is affecting the Beach, please call and report it. The Ministry of the Environment 24-hour line 1-800-268-6060, local office line, 905-521-7650, or you can reach out to Adrienne Clark at 905-521-7716.

For the last couple of years, the Port has allowed the storage of mountains of road salt that when left uncovered or moved impacts the residents in the area. Unlike coal dust, salt can corrode and damage your home and vehicle. The salt companies have moved these piles further north on Eastport Drive this year and the impacted areas border on the side streets between Locarno Avenue and Knapman Avenue. We ask that residents keep watch during times of high winds and report all occurrences to the MOE and please contact the community so that we can keep track as well – [hbcf@cogeco.ca](mailto:hbcf@cogeco.ca)

### **New Business Advertisements:**

[www.CallAlok.ca](http://www.CallAlok.ca) 1-833-6 CASH4U (227448) [alok.chadha@expertmortgagebroker.com](mailto:alok.chadha@expertmortgagebroker.com)

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### **Business Advertisements**

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Our company is Langton ClimateCare – the Heating & Cooling Professionals who CARE. We are not only your personal climate experts, we are your neighbours offering Superior Customer Service, Competitive Pricing, Maintenance & Protection Plans and our new rent to own program “Clarity” for Hot Water Tanks, Furnaces and Air Conditioners. [www.langtonclimatecare.com](http://www.langtonclimatecare.com) –or- phone: 905-312-9644.

Dust Bunny Haven – Residential Cleaning – Sue at 905-393-7629 – cell 613-334-9778

#### **Lawn and Garden:**

Splendid Gardens Landscape Maintenance – your full service lawn and garden care – 20+ years’ experience – Call or text Brigitte 416-219-6135 or email [splendidgardens@hotmail.com](mailto:splendidgardens@hotmail.com)

#### **Rentals and Real Estate:**

Lorraine Hughes – Sales Representative with StreetCity Realty Inc., Brokerage. Who better to sell your home on the Beach Strip than a long time neighbour who knows the neighbourhood. Not that I want anyone to leave mind you, but should the need arise, I can help. Please contact me at 905-520-6817 or [LorraineHughesRealEstate@gmail.com](mailto:LorraineHughesRealEstate@gmail.com). [www.LorraineHughes.ca](http://www.LorraineHughes.ca)

Melissa May Hochreiter – Your Beach Community Sales Representative, Royal LePage Burloak Real Estate Services. 3060 Mainway at Guelph Line, Suite 200, Burlington. Direct 289-921-6346, Office 905-335-3042, Fax 905-333-1659 [www.MelissaMay.ca](http://www.MelissaMay.ca)

Laura Brown and Kristina Kritikos – Mother Daughter real estate team charging all Beach Community Residents 1% less the normal fee. Coldwell Banker Burnhill Realty, Brokerage in Burlington 905-639-3355.

Do you have real-estate questions – contact [cara@royallepage.ca](mailto:cara@royallepage.ca) Web [carasiska.com](http://carasiska.com) or call the office at 905-945-1234 – Special rates offered for Beach Community Residents

Valerie Peebles, Remax Aboutowne Realty Corp., Sales Representative. Let my 12 years of local sales experience speak for itself. My goal is to make your purchase or sale as cost effective as possible while maintaining the highest level of service standards and always exceeding your expectations. Huge Commission Discount for all Beach Community residents. Lets connect! T: 416-660-6172, E: [info@valeriepeebles.com](mailto:info@valeriepeebles.com), W: [www.valeriepeebles.com](http://www.valeriepeebles.com)

AIRBNB on the Beach – Having summer guests and need overflow room? Contact 289-887-1773.

### **Financial:**

INFOTAX – Fast service, good rates, call Louise 905-543-0041

### **Animal Services:**

Pawz on the Beach – Pet sitting and dog walking services – [pawzonthebeach@gmail.com](mailto:pawzonthebeach@gmail.com) or phone 289-887-1773

Beach Blvd. Dog Walking Services - Is your canine companion tired of being cooped up in house? Leave it your local dog walker to ensure your pet gets the daily exercise it needs. Available 7 days a week, rain or shine. Call 289-260-2471 or contact via e-mail at [travislloyd@gmail.com](mailto:travislloyd@gmail.com) to arrange a meeting today!

Woofing Good Dog Treats - All treats are homemade, with NO chemicals, sugars or preservatives. Just natural ingredients actually suitable for your furry companion! Free delivery for Beach Community Residence! Peanut Butter & Carrot (available in a pack of 15) \*medium size cookie. Cheesy Bones (available in a pack of 15) \* small or medium size cookie . Chicken & Bacon Bites (available in a pack of 15) \* small or medium size chewy. New flavours coming soon! For pricing inquiries, or to place an order please call Ashlee at 905- 531-2778 or email [woofinggooddog@gmail.com](mailto:woofinggooddog@gmail.com) \*Prices vary on sizes of cookies, based on the size of dog

### **Travel:**

Transat Travel – Eastgate Square (food court location) – Nancy Heuberger your Beach Community Travel Specialist. Caribbean Specials – Europe – Cruises. Please call 905-561-5715 or email [nancy.heuberger@transat.com](mailto:nancy.heuberger@transat.com)

### **Health and Wellness:**

Private Yoga instruction for flexibility, balance and well-being by Certified instructor, available in, in-home studio within our Beach Community. Please contact 289-887-1773. Namaste.

PSYCHIC KERI - Need help, inspiration, guidance or advice? Please visit [www.psychickeri.com](http://www.psychickeri.com). I'm here to help you.

FACIAL AND EYELASH EXTENSIONS contacted LAI 289-921-0221 from KiLai Skin Glow, Lash and Brow.

My name is Alison and I am a chiropodist/foot specialist. I live on Beach Blvd and own a full service foot clinic on Upper James Street in Hamilton, about a 15 minute drive for us who live on the Beach strip. I will address all types of foot issues including ingrown toenails (conservative and surgical treatment), callus, corns, fungal nails, plantar fasciitis (arch and heel pain), walking abnormalities, diabetic foot care, to name a few. I also provide custom foot orthotics, compression hosiery and over-the-counter ankle bracing. I would be happy to visit you in your home if travelling to my clinic is difficult. Chiropody services are not covered under OHIP, but most third party insurance companies will cover this type of medical care. Please give the clinic a call at 905-388-3668, email [info@footmedics.ca](mailto:info@footmedics.ca) or visit the website [www.footmedics.ca](http://www.footmedics.ca) for more information. Let me take care of your feet by increasing your comfort and function."

Need to relax? Have sore joints or aching muscles? Floating will help you de-stress and soothe any physical pain. Floatation therapy also known as sensory deprivation therapy is the practice of spending an hour or more floating in a pod that contains 10 inches of constantly heated water mixed with a 1000 pounds of therapeutic grade Epsom salt. The water is so buoyant that you are floating instead of sinking. All distractions have been removed leaving you in a peaceful state of weightlessness. Book online at [stillwaterfloat.ca](http://stillwaterfloat.ca) or call 289-337-3555. Beach residents received 10% off by using the discount code beach10 Located at 457 Plains Rd E in Burlington.

Babe Beauty Bar Lash Extensions & Lash Lift & Tints. Specializing in Classic, Hybrid and Volume Lash Extensions, as well as Lash Lift & Tints. Servicing all the Beach Community babes! By appointment only. Call or text 416.660.7182 for an appointment. Or book online at [www.babebeautybar.ca](http://www.babebeautybar.ca). Instagram: babebeautybar.ca Let me know you are a beach community resident and receive 20% all services always.

After almost 4 years of being a part of our beach community, I decided it's time to try and offer my Functional Personal Training service also here in Hamilton. I've been a personal trainer for 20 years (in my background I'm a Physiotherapist & Physical Education Teacher) and I work in Toronto. We can exercise together at your home or my little gym here. You don't need to have any fitness equipment or special machines; all you need is a bit of Motivation!

If you asked me what would be my expertise? I would say:

- Men & women
- Building stronger muscles
- Building stronger bones and decreasing the risk of a fall and fracture (I'm also a Bone-Fit specialist by Osteoporosis Canada)
- Improving general flexibility and making sure it's relevant for your everyday activities, your job, your hobbies (running after your grandkids) And much much more...
- \* Battling wisely the symptoms of aging
- \* Being fit in the Head-first

You can also find me on Facebook if you searched: Personal Physiotherapeutic Training Or email me directly at [micphysio@gmail.com](mailto:micphysio@gmail.com)

### **Professional Services:**

Professional piano player. I play at weddings and Black Tie events. Contact [www.gerrytymstra.ca](http://www.gerrytymstra.ca).

Seamstress on the Beach – Gemma – specializes in bridal gowns, evening dresses and all kinds of alterations. For more inquiries call 647-975-3164

Automobile appraisals. We are; Hamilton Automobile Appraisals @ Bus. 905-544-2277  
Cell 905-547-7537 Thank you, Brian.

Do you need the services of a Tow Truck Operator?? Towing / Freight, Boost, Lock Outs, Tire Change Service, Winch, Accidents / Insurance, Police Towing. Contact Joshua Neal, Beach Strip Resident. to assist you with your towing needs! 905-741-1203

Tour Guys Hamilton - Free Walking Tours - Hello, my name is Penny and I live on Beach Blvd. I would like to introduce you to my free walking tour company in Hamilton. Tour Guys has been leading engaging, fun and informative walking tours through Canada since 2009. We are on a mission to get more people walking and talking in Canada's city centres. Our "pay-what you-feel" public walking tours offer the perfect opportunity to explore. Bookings are highly recommended, as we assign the number of guides according to the number of people booked. To find out more or to book a tour in Hamilton go to [Tourguys.ca](http://Tourguys.ca), and click on Hamilton to book your free tour. Hamilton Free WalkingTours – Pay What You Feel - Expert Local Guides - Easy Walking Tours.

Whether you are a busy professional, a single parent, just lost a loved one or simply don't have the time to find some order and peace in your life, we are here to help. Organize Addict was born to help you minimize stress and maximize your precious time. We are a fast, efficient and affordable organizing and decor service, tailored just for you. Meeting all your needs within your budget, we have a wide range of professional services that suit your every need and requirement, we have the know-how and expertise to get done what you need done. Let us know how we can help, and we guarantee your experience will be enjoyable and satisfactory. Visit our web site [www.organizeaddict.org](http://www.organizeaddict.org) and contact us through the website or call 905-399-0842 or e-mail [tntgroup2016@hotmail.com](mailto:tntgroup2016@hotmail.com) for more information on how we can help you GET ORGANIZED!

Ever thought about getting into online business and don't know where to begin, or how it will work? Well, I've got you covered! Check out our FREE live workshops every Tuesday and Thursday at 8pm. If you can't make it to watch the live workshops, we always have out latest replay. To register and get your personal link, just visit my website at <https://www.mildredsabuerolife.com>

Do you have something you want posted in the Banner, please email [lisawitherington@hotmail.com](mailto:lisawitherington@hotmail.com) and put Banner in the subject line.



Join the Facebook Community Page: Hamilton Beach Community



Join the Beach Community website: <http://hamiltonbeachcommunity.com>

## Hamilton Beach Community Council Contact Information

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